

**REGISTRATION – (PLEASE PRINT)**

Illegible and incomplete applications will not be accepted. Make checks payable to:  
YMCA South Boston/Halifax County.

Name: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_

Street/Route Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

Age on race day : \_\_\_\_\_ Sex: (circle) F M

Tee Shirt Size (please circle): S M L XL XXL

Please circle: 5K Run / Walk  
1mile fun run

**PARTICIPATION WAIVER**

I, the undersigned entrant (parent or guardian if under 18) desire to participate in the 2012 YMCA South Boston/Halifax County 5K Run/Walk or 1-Mile Fun Run, and agree to indemnify and serve harmless all sponsors, their representatives, and any other persons assisting with the race from any and all claims of any nature for injury or loss that may result from my participation in said event. I understand the risk associated with strenuous physical activity and in entering assume full responsibility for any risks associated therein. I hereby fully consent to emergency medical care to be rendered by competent medical personnel in the event I should require such attention during the YMCA South Boston/Halifax County 5K Run/Walk or 1-Mile Fun Run on May 5, 2012.

\_\_\_\_\_  
SIGNATURE (parent sign if under 18)

Date: \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_

Check box if you do not want your address to be added to Runners World Magazine

For Office Use Only: BIB # \_\_\_\_\_

**YMCA  
South Boston/  
Halifax County  
5K Run/Walk  
(3.1 miles) &  
1-Mile  
Children's Fun  
Run  
May 5, 2012  
(Rain or Shine)**



**WE BUILD STRONG KIDS,  
STRONG FAMILIES,  
STRONG COMMUNITIES**

YMCA South Boston/Halifax County  
650 Hamilton Blvd.  
South Boston, VA 24592  
(434) 572-8909

## THANKS

The YMCA South Boston/Halifax Co. would like to thank the *Public Works Dept.*, the *South Boston Police Dept.*, the *Halifax County Rescue Squad*, and the *South Boston community* for their help and support with this race.

## REGISTRATION

Registration forms may be dropped off at the YMCA South Boston/Halifax County or mailed to the following address:  
YMCA South Boston/Halifax Co.,  
Attn: Nancy Smith  
650 Hamilton Blvd  
South Boston, VA 24592

Checks should be made out to the YMCA South Boston/Halifax Co. Please include the registration form with payment. Registration will be available race day beginning at 8:00 am.



## SITE INFORMATION

**1-Mile Fun Run** - begins 8:30 AM at the YMCA South Boston/Halifax County.



**5K Run/Walk** - begins at 9:00 am at the YMCA South Boston/Halifax County



## COURSE DESCRIPTION

5K run/walk (**3.1 miles**) slightly up-hill at the beginning and end. Large loop including historic Main Street in South Boston, VA. Starts and finishes at the YMCA. There will be a water station 1.5 miles from the start. In addition, there will be post race refreshments.

Parking is available in the YMCA parking lot

## ENTRY FEES

\$15 per person for all participants registered by May 4<sup>th</sup>.

\$20 per person for all participants registering May 5<sup>th</sup> on race day.

\$5 per person ages 12 and under for 1-Mile Fun Run

❖ Entry fee includes t-shirts to the first 75 registrants for the 5K Run/Walk.

## AWARDS

Trophies to the first overall male and female participants in the 5K run/walk. Trophies to the first overall male and female participants in the 1 mile children's fun run and medallions to all 1 mile fun run participants.

Trophies to the top three male and female runners in the 5K in the following age groups:  
Male and Female: 19 years and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and older.

